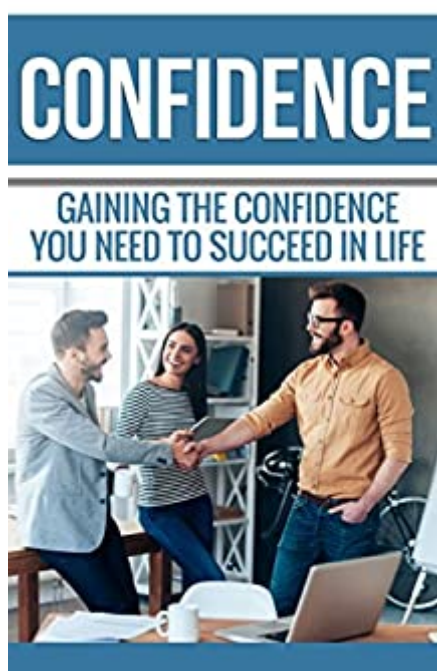


The book was found

Confidence: Gaining The Confidence You Need To Succeed In Life.: Easy Tips & Tricks On How To Become More Self Confident And Gain Creative Confidence (Confidence: ... Person You've Always Wanted To Be. Book 1)



Synopsis

Buy the Paperback version of this book, and get the Kindle eBook version included for FREE!

Become the confident and vibrant person that you've always wanted to be! Gain the confidence you need to succeed more in the workplace, and become more successful

Confidence is a trait that some people have and everyone else wishes they had. It is the ability to go up to anyone and feel at ease, to never feel like there is something to be scared of, and the ability to bring about the life that you want. And while you may be one of those people who doesn't have a lot of confidence within you, this is a trait that you can learn to work with. You may have to fake it for a little bit, but soon, you can be as confident as the next person, no matter what kind of personality you are dealing with. This book is going to spend some time looking at confidence and exploring the different ways that you can start to add it into your life. We start out by looking at negative thoughts and how they are making your confidence go away. It is hard to have confidence and feel good in a variety of situations if your own thoughts are negative and always tell you how horrible you are. With a bit of work, you can turn all of these negative thoughts around and start seeing your own self-worth. We then move on to some of the other aspects of confidence that you will need to work on in order to bring this personality trait into your life. We explore how anxiety and fear can be holding you back, how even a shy person can exude confidence with a bit of practice, how practicing confidence can make it become a reality, and so much more. No matter who you are, confidence can become a part of your daily life. It is going to be hard, but with the right dedication, you are sure to get the life that you want. More specifically, You'll learn:

- What is true confidence and why is it important?
- How to turn off negative thoughts about yourself
- How to overcome social anxiety and shyness
- To show more confidence through your body language
- And much more!

Confidence is a skill that anyone can learn with the right guidance! I would suggest that you give this book a shot!

Book Information

File Size: 842 KB

Print Length: 36 pages

Simultaneous Device Usage: Unlimited

Publication Date: December 14, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01N6HBFVG

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #874,153 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #24

in Kindle Store > Kindle eBooks > Nonfiction > Science > Mathematics > Transformations #54

in Kindle Store > Books > Science & Math > Mathematics > Transformations #200 in Kindle Store >

Kindle Short Reads > One hour (33-43 pages) > Science & Math

Customer Reviews

If your self-confidence is low, has the eagerness to step up but do not know how and when to start, this book would hold your hand all the way before you even take your first step. It would contribute strength to your spirit and mind as it would guide you to know yourself better and get deep inside to have the drive and full trust in your own abilities. This guide carries a very powerful force on this subject. This book was very important to provide good advice to explain and help people like me in particular. Advice may be implemented at a time by anyone realistic. After reading this book my confidence has sky-rocketed.

So many people are looking to gain more confidence and Jimmy Cooper gives an amazing, easy to read and very practical guide on how to do just that. We all can get lost in our negative thoughts sometimes and we all have experienced social anxiety. Jimmy comes up with simple solutions that you can incorporate in your life right away.

I really think everyone should read this book. It has great tips and advice. It is a great confidence builder.

You will gain the confidence you need to succeed in work, life and social situations. Who doesn't want more confidence?

Great really helpfull for those who want to go far in life and have goals and dreams gud luck my friend

[Download to continue reading...](#)

Confidence: Gaining the Confidence You Need to Succeed in Life.: Easy Tips & Tricks on How to become more Self Confident and Gain Creative Confidence (Confidence: ... Person You've Always Wanted to be. Book 1) Confidence: How to Build Powerful Self Confidence, Boost Your Self Esteem and Unleash Your Hidden Alpha (Confidence, Self Confidence, Self Esteem, Charisma, ... Skills, Motivation, Self Belief Book 8) Confidence: Gaining the Confidence You Need to Succeed in Life Self-Discipline: Become A Greek Spartan: Everything You Need to Know to Transform Your Life into A Modern Day Spartan & Gain More Confidence, Hunger and ... (Greek Spartan Mindset, Spartan Discipline) Daily Self Discipline: Tips and Techniques On How To Develop, Build and Improve Self Control To Gain Meaning, Get More Success, and Become a Shining No-Excuse example (Journey Book 2) The Think Confident, Be Confident Workbook for Teens: Activities to Help You Create Unshakable Self-Confidence and Reach Your Goals Shyness: How To Overcome Shyness and Social Anxiety: Own Your Mind, Confidence and Happiness (Personal Transformation, Confident, Shy, Overcome Fear, Low ... Gain Control, Boost Your Confidence Book 2) Think Confident, Be Confident for Teens: A Cognitive Therapy Guide to Overcoming Self-Doubt and Creating Unshakable Self-Esteem (The Instant Help Solutions Series) Mousejunkies!: More Tips, Tales, and Tricks for a Disney World Fix: All You Need to Know for a Perfect Vacation (Mousejunkies: Tips, Tales, & Tricks for a Disney World) NAVY SEAL: Self Discipline: How to Become the Toughest Warrior: Self Confidence, Self Awareness, Self Control, Mental Toughness (Navy Seals Mental Toughness) Alexa: Building The Ultimate Smart Home With Alexa (2017 Edition): How to Find Simplicity, Gain Efficiency, & Live the Life You've Always Wanted (Echo, Dot, Bonus Included) Alexa: Building Smart Home With Alexa: How to Find Simplicity, Gain Efficiency, & Live the Life You've Always Wanted NAVY SEAL DISCIPLINE; The Ultimate Guide to Self-Discipline & Control like a US NAVY SEAL: Gain Incredible Self Confidence, Motivation & Discipline.: Self-Discipline: ... Guide (NAVY SEAL WARRIOR GUIDES Book 1) Confidence: Gorilla Confidence - Simple Habits To Unleash Your Natural Inner Confidence (Self Esteem, Charisma, Personal Magnetism & Self Confidence) Mousejunkies!: Tips, Tales, and Tricks for a Disney World Fix: All You Need to Know for a Perfect Vacation (Mousejunkies: Tips, Tales, & Tricks for a Disney World) Self Love: F*cking Love Your Self Raise Your Self Raise Your Self-Confidence (Self Compassion,Love Yourself,Affirmations Book 3) BODYBUILDING: The Best BODYBUILDING DIET - The Most Effective Tips And Tricks You Need To Know For The Body You Ever Wanted: (bodybuilding, bodybuilding ... bodyweight train, bodybuilding nutrition) The Power of Positive Energy: Powerful Thinking, Powerful Life: 9 Powerful Ways for Self-Improvement,Increasing

Self-Esteem,& Gaining Positive Energy,Motivation,Forgiveness,Happiness ... Happiness, Change Your Life Book 1) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) The Building of a Confident Man: How to Create Self Esteem and Become More Attractive to Women (Dating and Relationship Advice for Men: Keys to Seduction Book 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)